| Recommended Scrimmage Procedures |

Please note that there are no game officials permitted during scrimmages.

- **Offensive Zone:** Expand the offensive zone to include the area from the center ice red line.
- Faceoff Procedure suggestion: Avoid Faceoff's
- **Gloves:** Participants will be required to wear gloves on the ice at all times. In the event of a lost glove, that player will be required to retrieve their glove immediately from the ice.
- **Water Bottles:** Participants will be required to have an individual water bottle while at the arena, keeping it on a designated spot on the bench. No Sharing water bottles.
- **Handshakes:** Until further notice, handshakes and first-bumps shall not occur before, during, or after the game.
- **Spitting:** Given our current circumstances, spitting will be prohibited at any time while in the facility.
- **Body Contact:** There is to be NO intentional body contact.
- **Crease Rules:** Ensure social distancing is maintained around the crease area. Players should not intentionally enter the opposing team's crease.
- **Players Bench:** Ensure social distancing is maintained on the players bench.
- **Penalty Box Area:** Avoid the penalty box area with the exception of operating the score clock.
- **End of Scrimmage:** All players are asked to leave the ice surface promptly at the end of the ice time using the exit gate.